

2023 LEGACY CUP

EVENT SCHEDULE

DATE	TIME	EVENT	LOCATION
FEBRUARY 18	9AM TO 2 PM	FACETIME OR WHATSAPP WEIGH-IN FOR BLACKBELTS 12 YEARS OLD AND UP MUST HAVE DIGITAL SCALE	ONLINE
	9 AM TO 2 PM	IN-PERSON WEIGH IN AT OLYMPIC TKD ACADEMY STUDIO	OTA STUDIO
FEBRUARY 19	7:30 AM	REFEREES AND STAFF MEETINGS	COMPETITION FLOOR
	8:00 AM	CREDENTIAL PICKUP ONE REPRESENTATIVE PER SCHOOL ONLY DOOR OPEN	LA SIERRA UNIVERSITY GYM ENTRANCE
	8:30 AM	7 YEARS OLD AND UNDER POOMSAE COMPETITORS TO STAGING	STAGING AREA
	9:00 AM	8 TO 11 YEARS OLD POOMSAE COMPETITORS TO STAGING	STAGING AREA
		STARTING OF COMPETITION	COMPETITION FLOOR
	9:30 AM	11 YEARS OLD AND UNDER SPARRING COMPETITORS TO STAGING	STAGING AREA
	12:00 PM	12 YEARS OLD AND UP POOMSAE COMPETITORS TO STAGING	STAGING AREA
		LUNCH BREAK	
	1:00 PM	12 TO 17 YEARS OLD SPARRING COMPETITORS TO STAGING	STAGING AREA
COMPETITION RESUME		COMPETITION FLOOR	
3:00 PM	18 YEARS OLD AND UP SPARRING COMPETITORS TO STAGING	STAGING AREA	

WE RESERVE THE RIGHT TO CHANGE THE SCHEDULE AS NEEDED

BLACKBELT DIVISIONS

DIVISION	CADET (12 TO 14 YEARS OLD)	JUNIOR (15 TO 17 YEARS OLD)	SENIOR (18+) - COMBINE DIVISION
GENDER	FEMALE / MALE	FEMALE/MALE	FEMALE/MALE
FIN	-29KG/-33KG	-42KG/-45KG	-49KG/-58KG
FLY	-33KG/-37KG	-44KG/-48KG	
BANTAM	-37KG/-41KG	-46KG/-51KG	-57KG/-68KG
FEATHER	-41KG/-45KG	-49KG/-55KG	
LIGHT	-44KG/-49KG	-52KG/-59KG	
WELTER	-47KG/-53KG	-55KG/-63KG	-67KG/-80KG
LIGHT MIDDLE	-51KG/-57KG	-59KG/-68KG	
MIDDLE	-55KG/-61KG	-63KG/-73KG	
LIGHT HEAVY	-59KG/-65KG	-68KG/-78KG	
HEAVY	+59KG/+65KG	+68KG/+78KG	+67KG/+80